

menu in a minute

FOR ORDERS WITHIN 24 HRS

QUICHE

lorraine or farmhouse w/ mixed chefs salad

PARFAIT

vanilla yogurt, granola, mixed berries and
shaved coconut

BREAKFAST BURRITOS

Ham, scrambled eggs, roasted peppers,
potatoes, caramelized onions and cheddar



Bacon, scrambled eggs, potatoes and cheddar



Soyrizo, JustEgg, potatoes and vegan parmesan

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BUILD-YOUR-OWN LUNCHBOX

sandwich

sourdough or wheat

turkey, ham or veggies only (choose 1)

provolone, swiss, cheddar or cream cheese (choose 1)

lettuce, tomato, pickles and avocado (choose up to 3)

mustard/mayo



deli salad

your choice of: French Potato, Spring Pasta, Perfect Protein, Orzo Mediterranean, Quinoa Medley, Turkey Shell



comes with: a house baked cookie and chips

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INDIVIDUAL OR BUFFET STYLE LUNCHES

Northwest Mediterranean Spread

Free range chicken, hummus, marinated and roasted veggies, basmati rice, greek salad, pita bread
comes with: a dessert bar



Fiesta Spread

Pulled pork, pico de gallo, shredded cheese, slaw
Served with tortilla chips, avocado, spanish rice and
black beans
comes with: a dessert bar



*Capers takes pride in our caution over allergens and dietary restrictions. Please help us serve you by providing all allergen and dietary restriction information as early as possible.