



Pastries

*All of our desserts are tested and baked by us
for your pleasure.*

Homemade Dessert Bars 4.25

Lemon bar, Fudge Brownie, Raspberry bar, 7-layer bar, Mint bar, Peanut Butter Crispy bar

Carrot or Black bottom cake 5.00

GIANT Homemade cookies 4.25

Snickerdoodle, Peanut Butter, Oatmeal Raisin, Coconut Almond, Peanut Butter chocolate chip, Chocolate chip, Ginger Molasses

Muffins 3.75

Bagels 4.75

With Cream Cheese

Croissant- Plain, Chocolate 4.75

Coffees

House Blend

Regular, Decaf & Hot Tea 4.00

Single	Double
Shot	Shot

Espresso 3.50 4.50

Cappuccino, Latte, Mocha 5.00 5.50

Hot Chocolate 5.00

Extra Flavors 1.25

Glass of Milk 3.00

Fountain Drinks

\$2.75 with free refills

Juice, Farm to Table Organic OJ 6.25

Kombucha and assorted beverages available

*Consuming raw or undercooked meat, poultry, seafood or eggs may increase your risk of food borne illness, especially if you have a medical condition

Breakfast

Served daily until

Omelette 18.25

3 egg omelette, breakfast potatoes & toast
Choice of 2 fillings- ham, cheese, onion, peppers, bacon or mushrooms

Meat Lovers Omelette 18.50

3 egg omelette with bacon, turkey, tomato and cheese with a side of ham, bacon or sausage

East Bank Breakfast 14.00

Open faced sandwich on a slice of sourdough topped with ham and cheese

Farmers Breakfast 17.00

2 eggs, any style with a choice of bacon, ham or sausage. Served with breakfast potatoes and toast

Vegetable Scramble 16.00

3 eggs and fresh veggies topped with assorted cheeses and toast

Two egg Breakfast 14.00

Served any style with breakfast potatoes and toast

Breakfast Bagel Sandwich 14.25

Bagel of your choice, 2 eggs any style, a choice of ham, bacon or sausage and cheddar cheese

Breakfast Burrito 13.50

Ham, eggs, potatoes, onions, peppers, chives, cheese, green chillies and cilantro. Served with a side of sour cream and salsa

French Toast 14.25

Thick cut, served golden brown with a side of maple syrup and your choice of ham, bacon or sausage

Sides

Ham, Sausage, Bacon 5.75 **Two eggs** 6.00

Carlton Farms Bacon 6.25 **Greek Yogurt** 4.25

or Sausage **Assorted Cereal** 4.00

Breakfast potatoes 5.00

Toast- 2 slices 4.75



Sandwiches

Your choice of bread:

Russian Rye, Whole Wheat, Sourdough, Capers roll or Garlic Herb Wrap. Served with chips

Half Sandwiches are \$ 8.25

Half Grilled Pastrami \$10.50

Turkey Sandwich 13.50

Oven roasted turkey, cream cheese, provolone cheese, sweet pickles, cranberry sauce and lettuce

Roast Beef Sandwich 13.50

Fresh "no preservatives" roast beef, cream cheese, lettuce, cheddar, served with Capers BBQ sauce and dill pickle

Grilled Pastrami "New York Style" 15.75

Lots of pastrami, horseradish, Guldens mustard, kosher dill pickle, provolone cheese and cream cheese 12.50

Baked Ham and Swiss 13.50

Honey glazed ham, dijon mustard, Swiss cheese, cream cheese, lettuce and sweet nubbin pickles

Lox and Bagels 17.50

Served with capers, onions, pickles, cream cheese, lettuce and tomatoes

Egg Salad Sandwich 13.50

Dijon mustard, mayo, lettuce, salt and pepper



Our store offers products with peanuts, tree nuts, soy, milk, eggs and wheat. While we take steps to minimize the risk of cross contamination, we cannot guarantee that any of our products are safe to consume for people with peanut, tree nut, soy, milk, egg or wheat allergies.

Hot Lunches

Everything made fresh daily

	Cup	Bowl
Homemade Soup	5.75	8.95

Made from our own stock

Cup of Soup and Half Sandwich Quiche of the Day

Served à la carte 9.75

Served with choice of cup of soup or small salad 10.50

Salads

Made fresh daily

Small \$6.00 Large \$7.25

Antipasto, Pasta Dijon, Portland Potato, Creamy Cole Slaw, Spring Vegetable Pasta, Tomato & Cucumber, Turket Shell Pasta, Joly Ravioli, Broccoli Bacon & Cauliflower, Fresh Fruit Salad, Garden Pea Salad, Greek, Japanese Noodle & Chicken, Tabouli, Chicken & Black Bean (Low-fat)

Caesar Salad 13.75

Chicken Caesar Salad 16.50

Mixed Greens 6.75

Served with our special dressings

Chef Salad 16.50

Topped with turkey, ham, cheddar, Swiss, avocado, tomatoes and egg

Cobb Salad 16.50

Topped with chicken breast, tomato, bleu cheese, avocado, bacon and egg